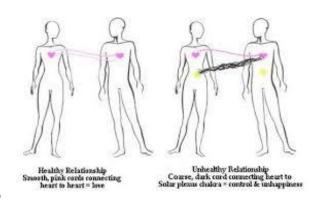
## **Cutting Cords**

When we connect with another person, especially romantically, we activate an energetic cord with them. As we continue through the relationship every interaction, thought, emotion and feeling is added to the cord. This cord has the



ability to share energy and transmit a high frequency of communication, which may explain why we often feel and connect telepathically to our partner's thoughts and emotions.

When the cord is healthy, it can create a vibrant, energetic source exchange but when the cord is unhealthy, it can often lead to feeling controlled or drained in energy.

Most of us will intuitively know how strong our cord is with someone, but if you are unsure, a good measure is how strongly or how often you think or feel towards someone, especially if the thoughts are obsessive, manipulative or fearful. This indicates not only a strong cord, but a toxic one.

Our etheric cords are generated from our chakras or energy centers. When these connections are imbalanced that is when issues can occur.

We are constantly creating cords with many people and even objects, but if you feel drawn back to an unhealthy relationship, or want to break negative patterns or addictions, or feel a strong psychic connection to

someone that is draining your energy, a cord cutting ritual may be beneficial.

Especially when it comes to relationships, cutting the cord can help break the energetic attachments created and can help you to move on to receive new opportunities in your life.

Cutting the cord can help you recharge your energy, feel a sense of peace, can help you let go and can bring about new, positive opportunities.

To cut the cord(s), call upon Archangel Michael and ask him to cut the cords that are attached to the person you are working on and have them say out loud the first and last name of the person they wish to cut cords with. Ask AA Michael to pull out any roots from the cords and to fill the space in the energy field and body with golden and pink light for healing and regeneration. Once he has finished this task he is free to go with love and thanks.