

# Energy Absorption

This is to understand how energy absorbs into the body and how disease starts in the body. If a virus starts to hit your system, it initiates through your energy field, which is the first place that becomes imbalanced. The imbalance travels through the system and disrupts the current of energy, so the energetic system changes vibration. It is like a spark plug in a car that is not working properly; it then affects the performance of the car. When your auric field is disrupted, it starts to congest the body's physical system over time, whether it be weeks, months or even years. This continual blockage eventually results in disease. A disease such as cancer builds up in the energy field over a long period of time and affects the DNA/RNA.

## **VIBRATIONAL HEALING /COLOR THERAPY & DISEASE**

If a virus was beginning to land in the physical body through the energy field, if you were working with vibrational healing /color therapy at the time, the virus would be eliminated and the physical body would become rebalanced, and not have any lengthy effects from the disease.

Once the virus is in the system and the practitioner then attends to the patient, they will have to address the effects of the virus on the whole of the physical body. A virus can set up dampness in the body and change the chi or energy flow. It could also develop into a head cold or chest cold. Vibrational healing works a lot like Vitamin C by stimulating the body's mechanism to heal and recover or by boosting its immune system. Vibrational healing rebalances the body's natural vibration/frequency back to its natural state of health and well-being.

The body will respond to Vibrational Healing very quickly, unless it is extremely depleted of energy. If it is depleted, then we must work on rebuilding the balance of energy throughout all the chakra centers, which will then enable the body to fight off disease quickly. You must always double check the effect of your energy work on your person before you let them leave – if they need additional topping up or adjustments, you will need to make sure this happens. Always stay with your person for a few minutes following the session. People can react in many ways to the energy once they leave. They may experience tiredness, elimination through the body, and perhaps have the best sleep in a long time. Give them your number in case they need to ask you any questions.

## **WORKING WITH CHILDREN**

Children and adults work with energy differently. With children, it is ideal to first test their response to color therapy. You can do this by placing a capsule of white light in their solar plexus, seal the front and back of the chakra with green to hold the color, place a thought intent inside the green energy such as 'this energy is to be absorbed into the body within the next ten seconds and reflect the person's ability to absorb it.'

Get the child to take a few deep breaths so they are really absorbing the energy well and then wait 3-5 minutes and see what the result is. If it is a positive result and they are accepting the healing without adverse effect or reaction, then you would continue to work with color, remembering to always attune the vibration to a finer spray for a child. Give about half the amount of energy as you would an adult so as not to overwhelm them. Feel the body and see how it is relating to what you are doing at regular intervals. Have them breathe at the same time and if there is a problem, you will be able to recognize it quickly.

A small amount of energy with a child will stimulate their natural healing and allow the body's immune system to kick in and be more effective. Children's energy does not deplete to the same degree as an adult unless they are extremely ill. Quite often when you give children healing energy they become a little hyperactive. If you overdose the child, they will release the energy very quickly by throwing up, and you will know that you have given them too much.

After testing the child, you need to assess what energy they need and what centers need topping up. If the response is positive then close the child down and leave it at that. Monitor and write details on what you have done and then if you are seeing them a week later, you would then find out from the parents what had occurred that week. This will give you an idea of what to give them for the next session.

## **WORKING WITH ADULTS**

When you work with adults you first wash them in white light, then you check the balance of their chakra centers, view their aura and then top up all their centers while placing a thought intent inside each center for a week or until their next session. The amount of energy channeled to an adult will be vastly different than to a child. You can always tell when the center is full because you will feel the energy bouncing back to your hand. If it bounces back when you first begin, then you know the center is blocked, so you must ask them to take deep breaths so you can get the energy through. So the chakra can be depleted, blocked or torn, or in good condition. Prior to channeling the energy, you can diagnose the aura and then evaluate what you see, ask your Higher Self or guide to help you interpret what you are perceiving.

## **UNDERSTANDING ENERGY PERCEPTIONS**

No two people have the same chakra system, as you become more adept you will start to familiarize yourself with the way you feel energy and the differences throughout the chakra system and be able to recognize when a chakra is depleted or blocked. Your Higher Self should help you in understanding why this is occurring. You will also find the more you work with energy, the more sensitive you become.

## **WORKING WITH ANIMALS**

When you are working with animals you need to align with the Devic or Angelic Kingdom for healing. You focus with your Higher Self and ask him/her to align with the Angelic kingdom to work with healing the animals. Then you channel white light only into the animal, we do not use color with animals. When you have finished, you ask that you be re-aligned and attuned to the spiritual alignment of healing that works with human beings. Animals love energy healing!

## **KEEPING RECORDS**

It is important to document what you feel with the chakras, especially on the first visit, because then you will be able to compare the difference on the second consultation. It may take you between 1 and 4 weeks to diagnose a problem correctly. The first time you are diagnosing the state and condition of the body, the chakra system and energy field and you do not know how quickly the person is going to respond to the healing or what effect it will have on them. The second session is the most important in diagnosing how the energy is absorbed in the body, what effect it has on the person and what their response is. The third session is when you start to get a major healing occurring and recognition of what you are working on. When you are working on specific areas of the body

such as a bad knee, you do not have to work through the chakra system, you would just work specifically on the area where the trauma is. Of course, if the chakra system is out of balance, you would balance it. Whatever color you work with for trauma, you always finish with green which assists the body in absorbing and accepting the healing that has taken place.