

# What your Higher Self wants You to Know

## **1. OUR MISSION IS TO BRING YOU EVER CLOSER TO GOD**

The purpose of all Higher Selves is to bring their "lower selves" (those in physical bodies on Earth like you) back to God. The primary means that your Higher Self has for accomplishing this goal is to keep you on the path of growth you have agreed to undertake in this lifetime. All of the physical, mental, emotional, and spiritual issues you experience in this life are designed to help you meet your life's contract and keep you on your path. The truth is that you have agreed to all your life lessons before you came here. Know that you can transcend them - if you choose to. As always, the choice is yours. Your Higher Self can help you to make the best choices – from now forward.

## **2. WE LOVE YOU GREATLY AND WANT YOU TO KNOW JOY**

The ultimate goal of all the experiences that your Higher Self gives you is meant to bring you to a state of total joy. Joyful people are dreaming their life and living their dream. That is the well spring of their peace and contentment. Step back for a moment and recognize that a truly loving God would show that love for you by wanting you to be joyful all the time. Before you arrive at your final destination of joy, the journey can be (but does not have to be) quite painful at times. Remember you can learn from pleasure as well as pain and there is as much challenge in joy as in sorrow. As always, the choice is yours.

## **3. WE WANT YOU TO "HEAR OUR WORDS" FOR YOURSELF**

Your Higher Self is the greatest use to you when you can "hear their words" for yourself all the time on every topic. Once you are open to their

wisdom, the possibilities of what your Higher Self can do for you are even more limitless than your imagination.

#### **4: WE WANT TO SHOW YOU HOW TO MASTER CREATING LIFE**

Your Higher Self is the ultimate coach. Your Higher Self is able to see all who you have been, all who you are now, and all who you can be. Due to this expanded perspective, your Higher Self knows you more intimately than you know yourself. With such expanded awareness, there are limitless possibilities of what your Higher Self can do to assist you in resolving your issues. Almost everything your Higher Self says is driven by their desire to show you how to master creating your life. Among other things, you are here on Earth to master your skills in creation.

#### **5: WE WANT YOU TO CLAIM YOUR POWER & ABUNDANCE**

The true goal of all healing is to empower others to fully enjoy their birthright as Divine Beings. Higher Selves tell people they must be open to "all possibilities" that are available in the universe for them. Yet people cut themselves off from the infinity of all creation for three reasons.

**First**, because "our deepest fear is that we are powerful beyond measure", (Marianne Williamson) - for if we claimed our power, we would fear how our life would change.

**Second**, because we do not believe we deserve it for "we are not worthy" - for if we were worthy, we would deserve to share in the abundance of the universe.

**Third**, we resist claiming abundance because it is so deeply ingrained in us that "the love of money is the root of all evil" - for if we could have money, it would allow us to be more of who we are and claim our power.

## **6: WE WANT YOU TO ACHIEVE YOUR HIGHEST POTENTIAL**

When "we begin to truly seek our essence, our true nature, that which we really are; slowly, painstakingly, we begin to follow it home" to God. "Haltingly, fearfully, sometimes excitedly, joyfully, we begin to follow it back to itself, back to who we really are. That's why we need not go anywhere, do anything, learn more, figure anything out, or worry about going wrong. We need only to stop, sit down, be still, and pay attention" to our Higher Self. For it is your Higher Self that will help you achieve your highest and greatest potential - right now.

## **7. WE SAY LOVE YOURSELF MORE & FORGIVE OTHERS MORE**

When your body is filled with love, it will stay healthier, last longer, and be better able to provide you with quality of life. When your mind is filled with love, it is able to attract better opportunities for relationships, work, and education that bring you joy and contentment. When your spirit is filled with love, you make all around you happy, including yourself. All this is what God and the universe intend for you.

## **8. WE HAVE BEEN, ARE & WILL BE WITH YOU ALWAYS**

Your Higher Self has been with you since the beginning and through the end of time. Your Higher Self knows you far better than you can know yourself - simply because it is the totality of all your selves: past, present, and future. Your Higher Self knows all, sees all, and has the greatest possible compassion for your personal situation right now. It is always

with you: a few words from your Higher Self can offer a new perspective on your situation... that could improve your life.

## **9. WE WILL SHOW YOU THAT IT IS SAFE TO TRUST US**

Your Higher Self wants to make you feel good about contacting them. This way you will grow more comfortable over time with their guidance as your trust level grows. The best way for your Higher Self to build trust with you is to establish a "track record" of success which flows from you following their guidance. Never forget that trust must always be earned: your Higher Self really is here to help you.

## **10. WE TELL THE TRUTH FROM OUR PERSPECTIVE**

Your Higher Self sees your issues at deeper levels than you do. Your Higher Self is much like a helicopter flying over the forest watching you make your way through the maze of trees below. It can see a better way for you to walk. It can even tell you why your forest was arranged the way it was: to better guide you on your life's journey. There is one thing you **always** need to remember. You are the one on the ground: dodging the wild animals all around you, staying one step ahead of forest fires. You are the one feeling hunger when there is no food, cold when there is no shelter and pain when you fall into a deep hole. Your Higher Self does not and cannot feel these types of pain: they cannot even remember it. And sometimes they have no choice but to let you fall into the hole and get hurt. **That's the rules!** But they will always be there to help you out of the hole until you learn how not to fall into and create another hole. Your Higher Self loves every aspect of you and knows your magnificence. You can become your Highest Self and you will know a love and joy so brilliant that it shines from every cell of your body.

Ref: Rhondda Stewart